

## appetizers

<b>CRAB RANGOON DIP</b>	11
Creamy crab rangoon with parmesan panko crust, wonton crisps, sweet chili sauce and chives	
<b>*TUNA &amp; AVOCADO-TINI</b>	12
Cubed yellowfin tuna and ripe avocado in ginger dressing	
<b>HAND-CUT COLASSAL ONION RINGS (V)</b>	7
4 thick cut onion rings battered with panko and coconut. Served with horseradish aioli and sweet chili sauce	
<b>EDAMAME [GS] (V)</b>	6
Soy beans in pod with sea salt	
<b>*BLACKENED TUNA NACHOS</b>	13
5 wonton chips with Crab Rangoon Dip, avocado salsa, tomatoes, seared rare blackened yellowfin tuna and microgreens	
<b>CRISPY CALAMARI 'T &amp; T'</b>	12
Calamari tubes & tentacles, flash fried and served with a sweet chili sauce	
<b>*BIG AL'S YELLOWTAIL</b>	10
Slices of yellowtail sashimi topped with thinly sliced jalapeño pepper. Served with a side of ponzu dipping sauce	
<b>PARMESAN TRUFFLE FRIES</b>	8
House fries with truffle and parmesan cheeses, applewood bacon and chives	
<b>CRINKLE CUT FRIED PICKLES (V)</b>	7
Crinkle-cut dill pickles with ranch dressing and horseradish aioli for dipping	
<b>SPICY TOGARASHI SHRIMP</b>	12
Flash fried shrimp in spicy Japanese chili sauce. Served over Asian slaw with pounded ginger sauce	

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## salads

Available salad dressings include: Peanut Ranch Vinaigrette (V), Sherry Vinaigrette [GS] (V), Ginger Dressing (V), Blue Cheese, Honey Mustard [GS], Caesar [GS], Ranch (V), Herb Vinaigrette[GS] (V)

<b>HOUSE SIDE SALAD (V)</b>	4
Mixed greens, cucumbers, tomatoes, beet and carrot curls, croutons, choice of dressing	
<b>COBB SALAD [GS]</b>	13
Grilled all natural chicken, eggs, avocado, cheddar cheese, kalamata olives, cucumbers, bacon, cherry tomatoes, blue cheese, choice of dressing	
<b>*SEARED SESAME TUNA NICOISE SALAD</b>	14
Sesame encrusted seared yellowfin tuna, baby greens, green beans, asparagus, hard-boiled egg, snow peas, kalamata olives, cherry tomatoes with herb vinaigrette	
<b>CHINESE CHICKEN SALAD</b>	12
Grilled all natural chicken, mixed greens, Napa cabbage, baby bok choy, snow peas, red peppers, cilantro, green onion, tangerines, peanuts, carrot & beet curls, crispy noodles with peanut ranch vinaigrette	
<b>GRILLED SALMON SALAD</b>	13
Spinach & field greens, cashews, sun dried tomatoes, peppadew peppers, sesame encrusted goat cheese, grilled salmon with sherry vinaigrette	

[GS] - Notes Items That Are Gluten-Sensitive (V) - Notes Items That Are Vegetarian

\* This item is served using raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.





# burgers

ALL NATURAL, ALL THE TIME!!! The Cowfish guarantees that all proteins are antibiotic and hormone free, and certified humanely raised and handled. In addition, we source local ingredients when possible. All burgers are half pound unless specified otherwise.

All burgers come with our house seasoned fries or substitute one of the items below for 0.50

SEAWEED SALAD	EDAMAME	BACON COLESLAW
SWEET & SPICY THAI CUCUMBERS	SWEET POTATO FRIES	FRIED PICKLES
	GRILLED VEGETABLES	

<b>*THE DYNAMIC DUO</b>	15
Beef burger, braised short rib, sweet roasted garlic, provolone cheese, tomato onion jam, lettuce, onion, tomato, onion roll	
<b>*BARE BONES BURGER</b>	12
Served on the guest's choice of bread	
<b>*SHROOMIN' SWISS BURGER</b>	13
Beef burger, swiss cheese, sautéed mushrooms, roasted garlic aioli, lettuce, tomato, sesame seed bun	
<b>*THE JALAPEÑO POPPER SHOW-STOPPER</b>	13
Beef burger, jalapeño-infused cream cheese, jalapeño bacon, fried jalapeños, jalapeño citrus aioli, lettuce, tomato, fresh sliced jalapeños, brioche bun	
<b>*THE C.B.C.L.T.</b>	13
Beef burger, cheddar cheese, applewood bacon, white cheddar cheese, lettuce, tomato, onion, Cowfish sauce, brioche bun	
<b>*THE TEXAS LONGHORN</b>	13
Beef burger, cheddar cheese, onion strings, jalapeño bacon, tangy BBQ sauce, lettuce, tomato, brioche bun	
<b>*BLACK TRUFFLE CHEESE BURGER</b>	14
Beef burger, black truffle cheese, roasted shallots, sautéed mushrooms, roasted garlic aioli, lettuce, brioche bun	
<b>*THE BIG SQUEAL</b>	14
Beef burger, pulled pork, smoked gouda cheese, onion strings, bacon coleslaw, BBQ sauce, lettuce, pickles, brioche bun	
<b>APPLE, BERRY &amp; BRIE TURKEY BURGER</b>	14
Brie cheese, sweet cranberries, Fuji apples, spicy honey marmalade, 7-grain wheat bun	
<b>*GRANNY'S SOUTHERN PIMENTO CHEESE BURGER</b>	13
Beef burger, housemade pimento cheese, fried green tomato, jalapeño bacon, red onion, lettuce, mayo, brioche bun	
<b>THE HEAVENLY VEGGIE (V)</b>	11
Housemade veggie burger, roasted red peppers, sliced avocado, red onion, baby spinach, 7-grain wheat bun	
<b>*THE RISE &amp; SWINE BURGER</b>	14
Beef burger, cheddar cheese, grilled black forest ham, sunny-side-up egg, applewood bacon, grilled onions, Cowfish sauce, onion roll	
<b>*JAMMIN' THE BLUES</b>	13
Beef burger, blue cheese, applewood bacon, tomato onion jam, arugula, brioche bun	
<b>*THE THUNDERING HERD BISON BURGER</b>	15
Chipotle bison burger, sharp white cheddar cheese, avocado salsa, lettuce, chipotle aioli, red onion, sesame seed bun	
<b>*THE COWFISH HAS OFFICIALLY LEFT THE BUILDING</b>	17
Full-pound beef burger, creamy peanut butter, fried bananas, applewood bacon, brioche bun (Make it a SINGLE HUNKA LOVE, half-pound beef burger for 13)	
<b>*THE BOURSIN BACON BURGER</b>	13
Beef burger, garlic & herb boursin cheese, applewood bacon, sautéed mushrooms, grilled onions, lettuce, tomato, onion roll	

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## sandwiches

All sandwiches come with our house seasoned fries or substitute one of the items below for 0.50

SEAWEED SALAD	EDAMAME	BACON COLESLAW
SWEET & SPICY THAI CUCUMBERS	SWEET POTATO FRIES	FRIED PICKLES
	GRILLED VEGETABLES	

<b>CHICKEN BACON AVOCADO</b>	12
Grilled all natural chicken, applewood bacon, avocado, lettuce, tomato, wasabi mayo, brioche bun	
<b>GRILLED SALMON BLT</b>	13
Grilled salmon, applewood bacon, lettuce, tomato, jalapeño citrus aioli, brioche bun	
<b>THE SWISS CHICK</b>	12
Grilled all natural chicken, Swiss cheese, applewood bacon, lettuce, tomato, red onion, BBQ sauce, sesame seed bun	

## substitutions/additions

### Cheeses: 1 ea

American Cheese  
 Sharp Cheddar  
 White Cheddar  
 Pimento Cheese  
 Blue Cheese  
 Pepperjack Cheese  
 Swiss Cheese  
 Provolone Cheese  
 Feta Cheese  
 Goat Cheese  
 Brie Cheese  
 Jalapeño Cream Cheese  
 Smoked Gouda Cheese  
 Garlic & Herb Boursin Cheese  
 Black Truffle Cheese (1.50)

### Proteins:

\*Beef Burger  
 Grilled Chicken  
 Veggie Burger  
 Turkey Burger (2)  
 \*Chipotle Bison (4)

### Toppings: 0.50 ea

Sautéed Mushrooms  
 Grilled Onions  
 Fried Jalapeños  
 Fried Pepperoncinis  
 Kalamata Olives  
 Fried Onion Strings  
 Roasted Red Peppers  
 Peppadew Peppers  
 Fried Bananas  
 Peanut Butter  
 Arugula

### Breads:

Original Brioche Bun  
 7-Grain Wheat Bun  
 Sesame Seed Bun  
 Onion Roll  
 Texas Toast

### Premium: 1 ea

Avocado  
 Grilled Ham  
 Avocado Salsa  
 Grilled Asparagus  
 Coconut Onion Ring  
 \*Fried Egg  
 Applewood Bacon  
 Jalapeño Bacon  
 Pastrami  
 Hard Boiled Egg  
 Roasted Shallots

### Complimentary:

Cowfish Sauce  
 Wasabi Mayo  
 Garlic Aioli  
 Chipotle Mayo  
 Horseradish Aioli  
 Mayonnaise  
 Creamy Dijon  
 BBQ Sauce  
 Thai Chili Sauce  
 A1® Steak Sauce  
 Cilantro Pesto  
 Spicy Honey Marmalade  
 Leaf Lettuce  
 Tomato  
 Red Onion  
 Pickles  
 Pepperoncinis  
 Jalapeños  
 Cucumber  
 Iceberg Lettuce  
 Cranberries





## sushi bar selections

ALL NATURAL, ALL THE TIME!!! We source local ingredients when possible.

### sashimi - Fresh fish only, sliced to order

<b>*7 PIECE MIX [GS]</b> Chef's mixed selection of fresh tuna, salmon and yellowtail. Served over ice	15
<b>*9 PIECE MIX [GS]</b> Chef's mixed selection of fresh tuna, salmon and yellowtail. Served over ice	19
<b>*CHEF'S DELUXE 15 PIECE MIX</b> Chef's mixed selection of premium tuna, salmon, yellowtail, mackerel, surf clam, sweet shrimp, eel, lobster and octopus. Served over ice	27

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### nigiri - Fresh fish served over sushi rice, sliced to order

<b>*TIER 1</b> 2 PIECES PER ORDER. Select two: kani, masago (herring egg), mackerel [GS], ebi shrimp	3
<b>*TIER 2</b> 2 PIECES PER ORDER. Select two: premium tuna [GS], salmon [GS], yellowtail [GS], sweet shrimp [GS], octopus [GS], eel, squid [GS], surf clam [GS], ikura (salmon roe) and tobiko (flying fish egg)	6

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### sushi combos

<b>*MORIAWASE DOZEN</b> 8 piece California Roll and 4 pieces of Nigiri (1 each - tuna, salmon, yellowtail and kani)	15
<b>*MORIAWASE DOUBLE DEUCE</b> 8 piece California Roll, 8 piece Spicy Tuna Roll and 6 pieces of Nigiri (1 each - tuna, salmon, eel, yellowtail, shrimp and kani)	23
<b>*NIGIRI-SASHIMI COMBO</b> 8 piece California Roll, 6 pieces of Sashimi (tuna and salmon), and 3 pieces of Nigiri (1 each - tuna, salmon and yellowtail)	23

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### hosomaki - Fish and rice rolled inside of seaweed wrapper, served 9 pieces per roll

<b>*RICE - IN ROLL</b> Guest's selection of tuna [GS], salmon [GS], yellowtail [GS] or vegetarian [GS] (V)	7
<b>*DYNAMITE ROLL</b> Yellowtail, salmon, tobiko, asparagus, cucumber, scallions, spicy mayo	14

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### hand rolls - All ingredients and rice loaded inside cone-shaped, pick up style seaweed wrapper

<b>TEMPURA HAND ROLL</b> Tempura shrimp, kani, cucumber, avocado, fish roe, spicy mayo	8
<b>*SELECT HAND ROLL [GS]</b> Guest's selection of fresh tuna, salmon or yellowtail rolled with cucumber, spicy mayo	8





## sushi bar selections

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### classic makimono

Rice outside of seaweed wrapper, fillings inside of wrapper

<b>CALIFORNIA ROLL</b> Kani, cucumber, avocado, fish roe	7	<b>VEGETARIAN ROLL [GS] (V)</b> Avocado, cucumber, asparagus	6
<b>*SPICY TUNA ROLL [GS]</b> Fresh sliced tuna, cucumber, spicy mayo	8	<b>SPICY CRUNCHY ROLL</b> Shrimp tempura, kani, spicy mayo, crispy tempura flakes	11
<b>*SPICY YELLOWTAIL ROLL [GS]</b> Fresh sliced yellowtail, scallions, spicy mayo	8	<b>TEMPURA ROLL</b> Shrimp tempura, kani, cucumber, fish roe, spicy mayo	11
<b>*PHILLY ROLL [GS]</b> Fresh sliced salmon, avocado, cream cheese	8	<b>SPIDER CRAB ROLL</b> Crispy soft shell crab, kani, cucumbers, scallions, spicy mayo, fish roe	13
<b>*RAINBOW ROLL</b> California roll topped with assorted fish, spicy mayo and fish roe	15		

### fusion specialties

All Fusion Specialties are entree-sized rolls, cut and served in 9 pieces with wasabi and ginger

<b>*MARK'S ROLL</b> Fresh tuna, jalapeño, cream cheese, kani, scallions inside, coated with panko and flash fried. Topped with Japanese mayo and sriracha. Served with ponzu dipping sauce	15
<b>*FIRECRACKER ROLL</b> Shrimp tempura, kani inside coated with tempura flakes, topped with yellowtail, salmon, spicy mayo, masago, tobiko and scallions. Served with ponzu dipping sauce	16
<b>*TROPICAL STORM ROLL</b> Kani, avocado and cucumber inside, topped with tuna, salmon, yellowtail, Japanese mayo, sweet eel sauce, sriracha and tobiko. Served with wasabi yuzu dipping sauce	18
<b>DION'S OMG! ROLL</b> Tempura coconut shrimp, kani, English cucumber inside, coated in tempura flakes. Topped with fresh mango, avocado, spicy honey marmalade and coconut flakes	14
<b>*MISS MOFFITT'S ROLL</b> Spicy tuna, scallions, tempura flakes inside, topped with avocado and sweet eel sauce	15
<b>*BLACKENED TUNA ROLL</b> Lump crabcake mix and cream cheese inside, coated in tempura flakes. Topped with seared blackened tuna, avocado salsa and jalapeño	17
<b>*GEORGIA ROLL</b> Tempura shrimp, kani inside, coated with tempura flakes. Topped with yellowfin tuna, eel and sweet eel sauce. Served with a side of spicy mayo	18
<b>MAD MANGO-CADO ROLL</b> Shrimp tempura, kani inside, coated with tempura flakes. Topped with mango, avocado and sweet eel sauce. Served with a side of spicy mayo	14
<b>*JEN'S FRESH FIND</b> Premium tuna, cucumber, green onion inside, topped with premium salmon and avocado. Served with a side of yellowfin tuna poke	19
<b>THE TREE HUGGER (V)</b> Shiitake mushrooms, fried portabella, red pepper, cucumber, red onion, basil rolled with brown rice and quinoa. Served with wasabi yuzu dipping sauce	12
<b>*THE KING'S ROLL</b> Fresh tuna, kani, jalapeño, cream cheese, scallions inside, coated with panko and flash fried. Topped with kani salad, masago, sriracha and Japanese mayo. Served with ponzu dipping sauce	17
<b>*THE BOSS</b> Spicy yellowfin tuna, kani, English cucumbers inside, coated in tempura flakes. Topped with avocado, premium tuna, wasabi tobiko and wasabi mayo	19

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# burgushi

The Cowfish introduces a unique fusion of burgers and sushi! Open your mind and your taste buds as you experience these originals brought to you by The Cowfish!!!

## boxes

<b>*THE COWFISH BENTO BOX</b>	14
A combo meal featuring both burger and sushi, including a mini-burger with cheddar cheese, pickles and chopped red onion, sweet potato fries, Thai cucumbers, edamame and choice of a 4 piece sushi roll (California, Spicy Tuna, Vegetarian or Philly Roll)	
<b>*FUSION SPECIALTY BENTO BOX</b>	16
A combo meal featuring both burger and sushi, including a mini-burger with cheddar cheese, pickles and chopped red onion, sweet potato fries, Thai cucumbers, edamame and choice of a 4 piece Fusion Specialty roll (Mark's, Firecracker or The Boss) or 3 pieces of mixed nigiri (tuna, salmon and shrimp)	

## rolls

<b>*DOUG'S FILET ROLL</b>	17
Avocado, kani, cream cheese inside, topped with thin slices of seared filet mignon, spicy mayo, scallions, masago. Served with a side of pounded ginger sauce	
<b>*BUFFALO-OO-SHI ROLL</b>	17
Sautéed chipotle bison, fried green tomato, grilled onions, feta cheese inside, coated with tempura flakes. Topped with fresh green tomato, chipotle aioli, diced tomato, red onion, jalapeño pepper	
<b>*THE TASTE EXPLOSION ROLL</b>	15
Seasoned natural Angus ground beef, applewood bacon, jalapeños, spicy mayo inside, coated with tempura flakes. Topped with Roma tomato and pepper jack cheese, then baked. Drizzled with cashew cilantro pesto	
<b>*"THE PRIME TIME" FILET &amp; LOBSTER ROLL</b>	22
Lobster and cucumbers inside, topped with seared rare seasoned filet mignon, pan-fried portabella mushroom slices tossed in truffle oil, green onions and spicy mayo. Served with a side of pounded ginger sauce	
<b>THE HIGH CLASS HILLBILLY - SOUTHERN STYLE BAR-B-Q-SHI</b>	16
Pulled pork, caramelized onion and BBQ sauce, potato wrapped and flash fried. Topped with housemade bacon coleslaw and chives	

## pick-ups

<b>*THE PITTSBURGOO-SHI SANDWICH</b>	18
Seared rare seasoned filet mignon topped with navel pastrami and french fries, melted Provolone and truffle cheeses, red onions, lettuce, creamy Dijon. Served on grilled spring roll wrapper "buns" filled with kani and sushi rice. Choice of side	
<b>*WHAT'S SHAKIN' TUNA BACON SANDWICH</b>	14
Seared rare blackened yellowfin tuna, applewood bacon, iceberg, jalapeños, tomato salsa, slaw and spicy mayo, served between grilled spring roll wrapper "buns" filled with kani and sushi rice. Choice of side	



## hand-spun milkshakes 6

All of our shakes are made with creamy vanilla ice cream, spun with the freshest ingredients, and topped with whipped cream

### GIMME MORE S'MORE SHAKE

Vanilla ice cream with double dark chocolate, mallow cream and crunchy graham crackers

### THE MARSHMALLOW CRISP

Rice Krispies and mallow cream with vanilla ice cream. Topped with crispy toasted marshmallows

### CLASSIC SHAKE

A perfectly hand-spun shake, freshly made with the flavor of your choice: Chocolate, Vanilla, Strawberry, Coffee, Banana, Peanut Butter, Raspberry

### CAKE SHAKE

Vanilla ice cream with the guest's choice of Vanilla or Chocolate birthday cake mix

### COOKIES & CREAM

Nobody does it like Oreo! Vanilla ice cream with crushed Oreo cookies

### The P "DOUBLE-B" & J SHAKE

Peanut butter, banana, and jelly with vanilla ice cream

### THE GRASSHOPPER

A minty chocolate masterpiece, featuring vanilla ice cream with mint and shaved chocolate

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## beverages

### SOFT DRINKS

Coke, Diet Coke, Coke Zero, Sprite, Fanta Orange, HiC Lemonade 3.19

### FRESH ICED TEA

Sweetened, Unsweetend, Green, Raspberry 3.19

### BOTTLED WATER

Acqua Panna Still or San Pellegrino Sparkling 500ml 4.00

1L 5.50

### FRESH COFFEE

Regular or Decaf 2.39

### HOT TEA

Lemon, Mint, Orange Spice, Green, English Breakfast 2.39

